

How do you protect the climate?

Colour in the areas that apply to you.

Exchange all lightbulbs to LEDs



Live without plastic packaging



Abstain from air-freighted fruit and vegetables



Drink tap water instead of bottled water



No use of coffee to go cups



Initiative
Psychologie im
Umweltschutz

Live flight-free



Use a very efficient car
(under 5 l/100 km)



Live without a car

Active engagement for climate protection

Live on less than 30 m² per person



on less than 20 m² per person

Low consumption of meat (1-2 times a week)



vegetarian diet

vegan diet

Donate for climate protection